

# FAMILY FUN ACTIVITIES FOR FALL

## BEAUTIFUL BUTTERFLIES!

Did you know that butterflies are pollinators, just like bees? The best place to spot butterflies is around the plants they love, such as milkweed. The Monarch butterfly was first spotted in Bermuda in 1859. A female Monarch can lay over 400 eggs in her lifetime! How many of these can you spot?



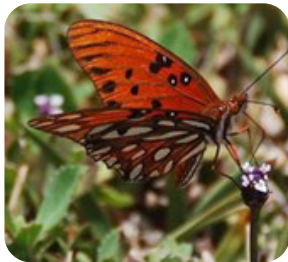
**BERMUDA BUCKEYE**



**MONARCH**



**PAINTED LADY**



**GULF FRITILLARY**

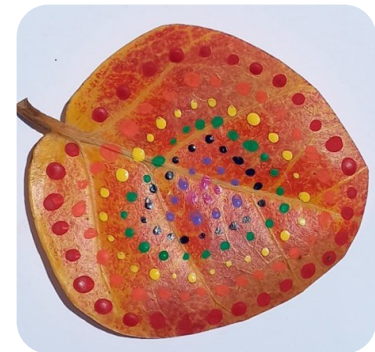


**CLOUDLESS SULPHUR**



**CABBAGE WHITE**

## PAINTED LEAF COMPETITION



The Fall is a wonderful time of year to take a walk around one of our nature reserves as the weather begins to cool. One plant we see shedding leaves all year round is the Bay Grape. This plant has been in Bermuda for thousands of years. Its leaves are wide and flat and perfect for painting! Remember to only collect leaves from the ground!! Email a photo of your painted leaf to [education@bnt.bm](mailto:education@bnt.bm) and you will be entered into a draw for a free pumpkin!

# PUMPKIN POWER!

The early settlers to Bermuda nearly starved because they were not growing enough food. So, in 1615 the second Governor, Daniel Tucker, introduced new plants and animals to the island so that Bermuda would be saved. The pumpkin was one of those plants. It originally comes from Mexico, around 10,000 years ago!



The most wonderful thing about carving pumpkins, is that you can use the insides to make delicious pumpkin soup! Here is an easy recipe for you to try.

## What you need

- 1.75 kilos of pumpkin chunks
- 1 onion, sliced.
- 2 cloves of garlic, peeled, whole.
- 3 cups of chicken broth
- 1 cup water
- ¾ cup of cream, half and half, or milk
- Salt and pepper

## Directions

- Put the pumpkin, onion, garlic and broth into a pan and boil for 15 minutes until the pumpkin is soft.
- Remove from the heat. Use a blender to smooth out the soup.
- Add salt and pepper to taste.
- Finally, add the cream or milk. Eat!



# STORIES FROM MY FAMILY

This is always a fun activity. You are going to act like a history detective and interview an older relative, such as a grandparent, or great uncle or aunt. Try to find someone over the age of 70.

- What year they were born in?
- Have they always lived in Bermuda?
- What subjects were they good at when they were at school?
  - What did they used to do for a living?
- What was the most exciting thing they can remember about being a child?
  - What do they remember about their grandparents?
- What is the biggest change they have seen in Bermuda during their lifetime?
  - Can you think of more questions you can ask?

